







Finding your... 'Sod-it' button







Step#1 Pay Attention Be aware...







Step#2
Count backwards...
3,2,1...







Step#3 Physically MOVE! SPEAKUP...















"Make what you say matter, because what you say matters" Tamsin Napier-Munn







Confidence to challenge change Connect trust, respect, relationships Communicate get buy-in







Foundational Principles to Connect & Engage Strengthening relationships

- Relate, Relevance, Results
- Empathetic to their ideas
- Listen to understand
- Ask good questions
- Try to see things from their point of view
- Important make them feel

- Optimise people's strengths with encouragement
- Name use theirs!
- Smile
- Honesty & Integrity in all you do
- Inspire them by who you are
- Praise & appreciation







How can you
'Hijack'
the conversation







How to 'Hijack' the conversation 1. Presence - posture, poise 2. Phrase – to link a principle 3. make your Point







"Geeta, I'm impressed by your thinking, it shows great insight which is important for the business.

(make your point)"

'praise & appreciation'







Recognise Reflect Redirect the conversation







Replace ... 'BUT' with 'AND'















"The most important single ingredient in the formula of success is knowing how to get along with people!"

Theodore Roosevelt







THANK YOU

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